POLICY
It is the policy of Ageia Health Services licensed communities to assure the residents are monitored when needed to assure their intake is adequate to maintain their nutritional needs.

PROCEDURES
- Residents will be monitored for their meal intake for at least 2 weeks or longer if deemed necessary for the following reasons:
  - Acute illness or significant change in condition
  - Weight loss or gain, as defined in the Monthly Weight Tracking Form Policy and Procedure
  - Poor appetite
  - At any time the facility Licensed Nurse or the Nutritional At Risk review team deems it necessary
- The Meal Monitoring Log will be reviewed daily by the facility Licensed Nurse, or designee, and will identify and follow up on trends or problems with documentation.
- After the 2 weeks the facility Licensed Nurse will determine whether the intervention plan is successful and adequate for the resident.
  - If it is determined that the intake for meals and/or plan is not adequate or successful for this resident, the resident will remain on meal monitoring until the Nutritionally At Risk review team determines a plan and/or a baseline to maintain weight and adequate nutrition.

RELATED POLICIES/REFERENCES
Monthly Nutrition At Risk Meeting Policy
Monthly Weight Tracking Form Policy and Procedure

FORMS
Meal Monitoring Log

RETENTION GUIDELINES