Moving Checklist

We are excited that you are joining the Valley View family. We encourage you to bring your own furnishings to reflect your personal tastes and style in your new home. Following is a list of recommended items that you may want to bring to help make your apartment more comfortable. Please adjust this list to your personal needs and wants. Remember, if you have any questions, please don’t hesitate to ask.

FURNITURE

- Bed with flame-resistant mattress
- Bedside table and lamp
- Dresser with a mirror
- TV, VCR, stereo, radio, etc., for your personal use in your apartment

FURNISHINGS

- 2 sets of bed linens—fitted sheets, top sheets, pillow cases, and blankets
- Washable bedspread, comforter, or quilt; mattress cover
- Telephone
- Clock—wall or alarm
- Photos, art, wall hangings
- Pillows—bed and throw
- Clothes hamper or basket and hangers for your clothes
- Trash can (must be metal or UL listed fireproof, not plastic)
- Shower stool or seat
- Special activity supplies or hobby items for your personal use

KITCHEN ITEMS

- Microwave cooking utensils
- Snacks and foods for refrigerator and microwave
- Glasses, plates, cups, bowls, and silverware for use in your apartment
- Paper towel holder, paper towels, napkins
- Dish soap, dish towels, dish cloths
- Toaster, blender, can opener, other small appliances, if you desire

PERSONAL ITEMS

- Comb and brush, soap and shampoo
- Toiletries—deodorant, toothbrush, toothpaste, denture supplies, shaving items
- Toilet paper and Kleenex
- 5 to 7 bath towels, hand towels, wash cloths
- Incontinence aids, such as Depends, if required
- Seasonal clothing: It’s a good idea to bring a 5- to 7-day supply