Personal Assistance

Our goal at Valley View Assisted Living Community is to meet each resident’s needs while maintaining the highest level of choice, dignity, privacy, respect, and individuality. To assure that this is done effectively, an assessment is conducted prior to move-in. Residents, family members, and Valley View staff work together to develop a personalized care plan. A follow-up family care conference will be held regularly to assure the Personal Assistance Plan is adjusted according to a resident’s changing needs.

In addition to Basic Services, Valley View Assisted Living Community offers Personal Assistance Plans for those who need additional help with their daily routines. Some of these services include:

- Select modified meals and snacks
- Assistance with activities of daily living
- Assistance with ambulation to and from meals and activities
- Life-enhancing activities and outings
- Medication management
- Additional housekeeping services
- Personal laundry
- Meal time reminders
- Medical appointment scheduling
- Periodic nighttime care
- Health services

Some or all of the services listed above may be provided in the Personal Assistance level selected. Please consult your executive director.